



## Project Proposal / Request Form

PROPOSAL FOR YEAR(s):	2023
PROJECT PROPOSAL TITLE:	2 coaching seminar
SUBMITTER NAME:	Ellen Law
SUBMITTER CLUB:	ERDBA Officers

### About this project

**ACTION** - (The HOW) describe how to get this done:

- 2 club team members submit a request via ERDBA.net contact page to host a coaching seminar. Minimum of 8 attendees.

**DESCRIPTION** - (The WHAT) describe the project and scope

- Clinician (s) facilitated discussions, while introducing tools to help individuals improve their coaching skills. Discussions will include Safesport, Positive coaching alliance approach, safe training and how to work towards maintaining healthy paddling techniques.
- Include pre-seminar assignments for discussion during the classroom session

**BENEFIT TO ERDBA** - (The WHY) list benefit(s) to ERDBA and/or Members:

- Provide training opportunities for members. Build the sport by making a positive experience for racers with trained coaches and hopefully greater retention.

**REQUIREMENTS** - (The NEED) list support needed to initiate and complete project:

- Classroom or meeting room to house 10-20 attendees.

### Operational Budget

**REVENUE** - estimated number of attendees, fee to charge and gross revenue to host and/or ERDBA:

- Free to members of ERDBA clubs, \$75 fee to those who aren't.

**EXPENSES** - estimated expenses, costs:

- Provide clinician travel, meals and housing (if needed) for a TEAM USA coach to conduct a seminar up to 6 hours. Light breakfast, lunch refreshments for attendees.

**NET ANNUAL BUDGET IMPACT TO ERDBA** - estimated: - \$2,000

### Project Details / Logistics

**SITE** - Project Location: ERDBA team location

**EQUIPMENT REQUIRED:** Room for seating from 10-20 with a bare wall or a screen for video review, access to electricity

**DATE(s)** (please try not to conflict with area member events): TBD by host club and availability of clinicians

**Other Comments:** NONE

Director name/date:

Confirmed by Exec Officer:

Circle Vote: Yes No Abstain Reason for "No" vote:

Ver 10.23.18