

Eastern Region Dragon Boat Association

www.erdba.net

Project Proposal / Request Form

PROPOSAL FOR YEAR(s):	2019
PROJECT PROPOSAL TITLE:	2 coaching seminars
SUBMITTER NAME:	Ellen Law
SUBMITTER CLUB:	ERDBA Officers

About this project

ACTION - (The HOW) describe how to get this done:

2 club team members submit requests to VP to host a coaching seminar. Minimum of 8 attendees.

DESCRIPTION - (The WHAT) describe the project and scope:

- Clinician facilitated discussions and while introducing tools to help individuals improve their coaching skills. Discussions will include Safesport, Positive coaching alliance approach, safe training and how to work towards maintaining healthy paddling techniques.
- Include a 90 minute presentation on SafeSport.
- Include ore-seminar assignments...for discussion during the session.

BENEFIT TO ERDBA - (The WHY) list benefit(s) to ERDBA and/or Members:

Provide training opportunities to regional team leaders. Build the sport by making a positive experience for racers with trained coaches and hopefully greater retention.

REQUIREMENTS - (The NEED) list support needed to initiate and complete project:

Room to house 10-20 attendees.

Operational Budget

REVENUE - estimated number of attendees, fee to charge and gross revenue to host and/or ERDBA:

Free to members of ERDBA programs. \$75 fee to those who aren't.

EXPENSES - estimated expenses, costs:

Provide travel, meals and housing (if needed) for a TEAM USA coach to conduct a day long seminar up to 6 hours.

NET ANNUAL BUDGET IMPACT TO ERDBA - - \$1,500

Circle Vote: Yes No Abstain Reason for "No" vote:

DATE(s) (please try not to conflict with area member events): TBD by host club and metability of clubician Other Comments: None

Tractor name type:

Yes No. 10. Director name 6